

Kiss of the Romantic

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ROMANTIC WORKSHOP #7

GROOMING

Grooming? I don't need a workshop about grooming! I take very good care of myself already, thank you very much! OK, I'm sure you do, but please hear me out. The suggestions put forth in this Romantic Workshop are intended to appeal to both you and your partner with **romance** as the prime motivator. Some of the suggestions will be interactive and some of them not. I use the word "suggestions" because there may be some that do not fit your style or do not appeal to you as an activity you wish to participate in. In any event, read through my suggestions and weed out any that do not appeal to you.

People, whether you agree or not, are attracted to good looks and well groomed people. Yes, that is an obvious statement just like saying that sloppy personal grooming is a real turn-off. And each person will develop their own ideas about what is appealing in another person. Any way you look at it, personal grooming is important to your romantic relationship and I believe candid communication is key to making this exercise one that will make each of you more physically appealing to the other.

SUGGESTIONS FOR ROMANTIC GROOMING

1. Each partner in your relationship should take a few days to observe and ponder what specific grooming items he/she would change or improve in their partner. Consider this: if you wish to become more appealing to your partner then what could be more appealing than what is important to your partner? Would she like it better if he were to keep the peach-fuzz from appearing on the back of his neck? Maybe he likes

her hair a different color or style. It may be important to you that your partner seeks out a tooth-whitening treatment. Write down your unspoken preferences, as they occur to you during these few days. Now if you both agree that you are ready to reveal your suggestions, sit down together and take turns saying what you would like your partner to do with their appearance.

A few suggestions here may be appropriate. Go into this with a thought for your partners' feelings. You do not want to declare that you wish him/her to drop 50 pounds of weight; rather, you can suggest you both work together with a mutually agreed upon weight-loss program and see how it goes. Bear in mind that this exercise is not to imply that what you already do with your grooming is unattractive, rather, there is something specific that appeals to the other person more. So hold yourselves open to comply with your partners' grooming wishes for you, and they will in turn be open to your suggestions. That attitude will ensure grooming heaven for your romance.

So now you have each revealed your wishes. Decide together if you wish to accomplish any of them now or another time. Apply the rest as time and opportunity allows. Soon you will both start to notice an even more appealing partner.

2. Here are a few interactive grooming ideas you can kick around. Shine and or apply polish to fingers and toenails; get and use a hot wax tub and take turns waxing both hands and feet; help him trim ear hair; try some exfoliation on each other; help her shave/shape her pubic triangle; help him shave/shape his goatee and or his mustache; help her or each other with a facial; go together to a tanning booth; help her with dying her hair; help him shop for a good facial moisturizing cream and remind him to use it; help him with eyebrow plucking if he needs it; shave her legs; get a foot care kit and use it on each other.